

PADI DISCOVER SCUBA/ SNORKELLING STATEMENT – Above & Below (UK) Ltd

CERTIFICATE OF UNDERSTANDING AND EXPRESS ASSUMPTION OF RISKS

Please read carefully before signing.

I, (Participant Name) _____, understand that diving with compressed air involves certain inherent risks; de-compression sickness, embolism, or other hyperbaric injuries can occur that re-quire treatment in a recompression chamber.

I understand and agree that neither my instructors Staff of Above & Below UK Ltd, the facility through which I receive my Instruction Above & Below, nor PADI International Ltd., nor its subsidiary or affiliate corporations, nor any of their respective employees, officers, agents or assigns, (hereinafter referred to as 'Released Parties') may be held liable or responsible in any way for any injury, death, or other damages to me or my family, heirs, or assigns that may occur as a result of my participation in this diving program or as a result of any matter or condition under my control.

In consideration of being allowed to enroll in this program, I hereby personally assume all risks in connection with said program, for any harm, injury or damage that may befall me while I am enrolled as a participant in this program, including all risks connected therewith, whether foreseen or unforeseen.

I also understand that scuba diving is a physically strenuous activity and that I will be exerting myself during this diving program, and that if I am injured as a result of heart attack, panic, hyperventilation, etc., that I expressly assume the risk of said injuries and that I will not hold the above listed individuals or companies responsible for the same.

I understand that the PADI Experience Programs are designed to provide me with an introduction to scuba diving. The programs are not intended to train me as a competent diver. I further understand and agree that I must be thoroughly instructed in the use of scuba in a certification course under the direct supervision of a qualified instructor to become a certified, competent diver.

I further state that I am of lawful age and legally competent to sign this certificate of understanding, or that I have acquired the written consent of my parent or guardian. I understand that the terms herein are contractual and not a mere recital; and that I have signed this document of my own free act.

It is the intention of (Participant Name) _____ by this instrument to exempt and release my instructors (Staff of Above & Below UK Ltd the facility through which I received my instruction Above & Below, and PADI International Ltd. And all related entities as defined above, from all liability or responsibility whatsoever for personal injury, property damage or wrongful death, which results from my own conduct or any matter or condition under my control.

I acknowledge that I have also read and understand the PADI experience programs medical statement before signing it on behalf of myself and my heirs. I have fully informed myself of the contents of this certificate of understanding and express assumption of risk by reading it before I signed it on behalf of myself and my heirs.

_____ Date _____
Signature of Participant Day/Month/Year

_____ Date _____
Signature of Parent or Guardian (where applicable) Day/Month/Year

PADI EXPERIENCE PROGRAMS MEDICAL STATEMENT

Please read carefully before signing (Confidential Information)

This is a statement in which you are informed of some potential risks involved in scuba diving and of the conduct required of you during the PADI Experience Programs. Your signature on this statement is required in order to participate in the PADI Experience Programs program offered by (Staff of Above & Below UK Ltd).

Read this statement prior to signing it. You must complete this PADI Experience Programs Medical Statement/Questionnaire, which includes the medical history section, to enroll in the PADI Experience Programs. If you are a minor, you must have this PADI Experience Programs Medical Statement/Questionnaire signed by a parent or guardian.

Scuba diving is an exciting and demanding activity. When performed correctly, applying correct techniques, it is safe. When established safety procedures are not followed, however, there are dangers. To scuba dive safely, you must not be extremely overweight or out of condition. Diving can be strenuous under certain conditions. Your respiratory and circulatory systems must be in good health. All body air spaces must be normal and healthy. A person with heart trouble, a current cold or congestion, epilepsy, asthma, a severe medical problem, or who is under the influence of alcohol or drugs, should not dive. If taking medication, consult your doctor before participating in this program.

You will also need to learn from the instructor the important safety rules regarding breathing and equalization while scuba diving. Improper use of scuba equipment can result in serious injury or death. You must be thoroughly instructed in its use under the direct supervision of a qualified instructor to use it safely.

MEDICAL HISTORY/QUESTIONNAIRE

The purpose of this medical history questionnaire is to find out if you should be examined by a doctor before participating in recreational scuba diving. A positive response to a question does not necessarily disqualify you from diving. A positive response means that there is a

preexisting condition that may affect your safety while diving and you must seek the advice of a physician.

Please answer the following questions on your past and present medical history with a **YES or NO**. If you are not sure, answer YES. If any of these items apply to you, we must request that you consult with a physician prior to participating in scuba diving. Your instructor will supply you with a PADI Medical Statement and Guidelines for Recreational Scuba Diver's Physical Examination to take to a physician.

- Do you currently have an ear infection?
- Do you have a history of ear disease, hearing loss or problems with balance?
- Do you have a history of ear or sinus surgery?
- Are you currently suffering from a cold, congestion, sinusitis or bronchitis?
- Do you have a history of respiratory problems, severe attack of hayfever or allergies, or lung disease?
- Have you had a collapsed lung (pneumothorax) or history of chest surgery?
- Do you have active asthma or history of emphysema or tuberculosis?
- Are you currently taking medication that carries a warning about any impairment of your physical or mental abilities?
- Do you have behavioral health problems or a nervous system disorder?
- Are you or could you be pregnant?
- Do you have a history of colostomy?
- Do you have a history of heart disease or heart attack, heart surgery or blood vessel surgery?
- Do you have a history of high blood pressure, angina, or take medication to control blood pressure
- Are you over 45 and have a family history of heart attack or stroke?
- Do you have a history of bleeding or other blood disorders?
- Do you have a history of diabetes?
- Do you have a history of seizures, blackouts or fainting, convulsions or epilepsy or take medications to prevent them?
- Do you have a history of back, arm or leg problems following an injury, fracture or surgery?
- Do you have a history of fear of closed or open spaces or panic attacks (claustrophobia or agoraphobia)?

The information I have provided about my medical history is accurate to the best of my knowledge.

Name _____ Date of birth _____

Email _____

House Name/No _____ / Postcode _____

_____ Date _____
Participant Signature Day/Month/Year

_____ Date _____
Parent/Guardian Signature (where applicable) Day/Month/Year